



SACRAMENTO
NATUROPATHIC

MEDICAL CENTER • SINCE 2005

Dear New Patient,

Congratulations on making the decision to revitalize your health! We feel honored and privileged to serve you and will do everything possible to help you and your health care needs.

To make the best use of your time during your initial consultation, and potentially reducing number of medical appointments you will need in the future, please complete the intake forms and health questionnaire located in your online patient portal *at least 48 hours prior to your appointment*. When our staff schedules your FREE 15 minute appointment, they will also help you to connect with the patient portal to enable you to complete the electronic intake forms. It is essential that these forms are completed well ahead of the appointment time because they contain valuable information that helps the doctors to be prepared for the appointment in their search for the root cause of your health conditions. The intake forms and health questionnaire take approximately one hour to complete. Please make sure to press the “save” button at the end of each page.

If you cannot access the online patient portal to complete these forms, please use the attached intake forms and health questionnaire below to complete and return to us via e-mail, mail, or the front desk. Please do not fax.

We believe that effective communication between the practitioner and patient is critical to health and healing. We encourage you to e-mail your doctor or call our office if you need clarification on a treatment plan or have other concerns.

It is our privilege to serve you and seek the optimization of your health!

To your health and happiness,

Sacramento Naturopathic Medical Center
916-446-2591
Staff@SacND.com
2530 J St #100
Sacramento, CA 95816